

Welcome to Aspris Wellbeing Centre in Abu Dhabi

Specialist mental health treatment to help get lives back on track



Getting lives back on track

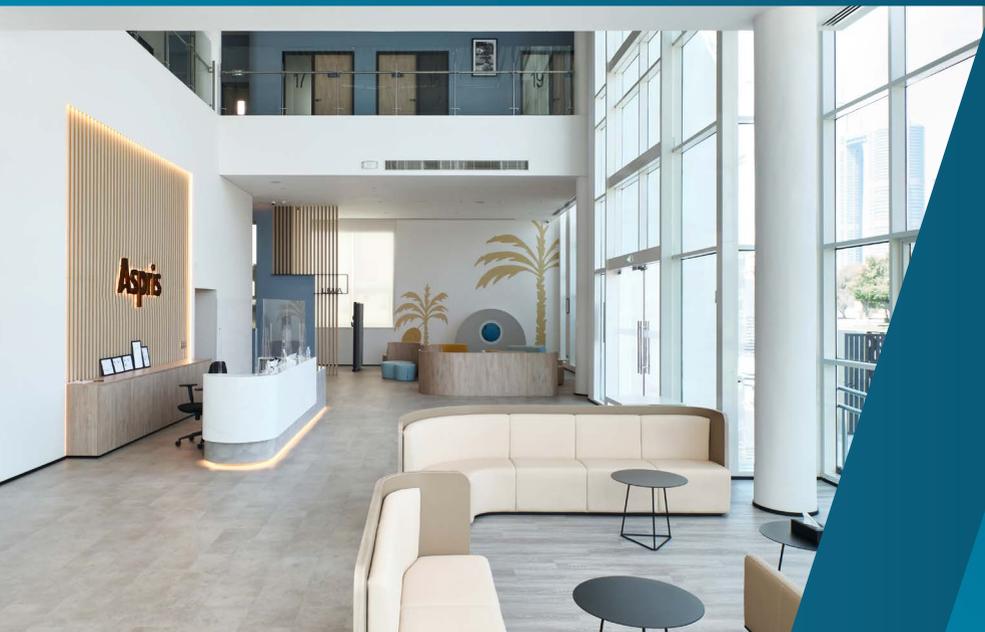
Mental health conditions can have a significant effect on the people experiencing them and their families, friends and loved ones.

We have provided mental health treatment in the UK for over 140 years as formerly part of the Priory Group, and are honoured to be delivering the same level of world-class quality care to the people and residents of Abu Dhabi.

Aspris Wellbeing Centre is a purpose-built clinic with a friendly, welcoming and modern environment, ideal for starting your journey on the road to recovery.

Our clinic is staffed by highly qualified psychiatrists, psychologists and therapists, with extensive expertise in treating a wide range of mental health conditions for children and adults. This includes anxiety, stress and depression, as well as further support for children with autism and ADHD.

We offer bespoke treatment plans tailored to you or your child's individual needs to ensure we achieve the very best outcomes and help to get lives back on track.



Our specialist services

- High quality, evidence-based mental healthcare services for adults
- Specialist children and adolescent services, including assessments for autism and ADHD, occupational therapy, and speech and language therapy
- Modern and state-of-the-art facilities
- A highly experienced internationally trained team of experts and leading clinicians
- Access to online therapy services are also available
- Treatment carefully tailored to the specific needs of everyone to achieve the very best outcomes
- Clinical standards to match those offered in the UK



Tailored treatment

Every person we support receives a personalised treatment programme.

An initial consultation enables our expert team to understand the challenges each individual faces, and to recommend and deliver the most appropriate course of treatment, which could be either an individual or group intervention.





Supporting a range of conditions

- Addictive behaviours
- Anger management
- Anxiety
- Attention deficit hyperactivity disorder (ADHD)
- Autism spectrum disorder (ASD)
- Child and adolescent mental health
- Day-to-day activities and independence
- Depression
- Eating problems
- Learning difficulties
- Mood disorders
- Obsessive-compulsive disorder (OCD)
- Panic attacks
- Relationship problems
- Self-harm
- Sensory difficulties, academic problems, and social difficulties
- Sensory processing
- Sleep problems
- Speech and language difficulties
- Stress and resilience



Accessible pricing

We offer a range of accessibly-priced treatment and therapy options tailored to the individual's needs. You can pay for therapy directly or through private health insurance.

If you have health insurance cover, please ask our helpful team whether your insurer will pay your treatment through direct billing or whether you require to undertake a claim reimbursement. We would provide all details on any such claim reimbursement form in order to assist you.



“Thank you for a wonderful service. I feel really supported.”

Patient





“I really liked my experience with them. They’re respectful and they make you feel welcomed and important.”

Patient



“Staff are attentive and care about providing the most-rounded care for patients and families.”

Patient



“I had more than a one year journey with this centre and I can see the difference it made in my mental health. So, I thank every single person I dealt with. Doctors, therapists, receptionists and nurses, thank you for helping me.”

Patient



How to find us

Aspris Wellbeing Centre, Abu Dhabi, King Abdullah Bin Abdulaziz Al Saudi Street, Al Bateen, Abu Dhabi, UAE

Get in touch

For more information or to discuss how we can help, please contact us.

Telephone: (+971) 2 651 8111

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