

Priory Aspris Wellbeing Centre Abu Dhabi

Providing mental healthcare in the UK for over 140 years



Getting lives back on track

Mental health conditions can have a significant effect on the people experiencing them and their families, friends and loved ones. We have been providing mental health treatment in the UK for over 140 years, and are now providing the same level of quality care to the people and residents of the UAE.

Priory Aspris Wellbeing Centre Abu Dhabi is a purpose-built clinic and provides a friendly, welcoming and modern environment, ideal for starting your journey on the road to recovery.



We can help you with:

- Anxiety
- Depression
- Stress and resilience
- Child and teen emotional health
- Eating problems
- Mood disorders
- Addictions
- Anger management
- Obsessive-compulsive disorder
- Panic attacks
- Relationship problems
- Sleep problems
- Self-harm
- Autistic spectrum disorder
- Educational assessments
- Attention Deficit Hyperactivity Disorder
- Behaviour difficulties
- Speech and language therapy
- Occupational therapy



Tailored treatment

Every person we support receives a personalised treatment programme. An initial consultation enables our expert team to understand the challenges each individual faces, and to recommend and deliver the most appropriate course of treatment, which could be either an individual or group intervention.





Why Wellbeing Centres?

We employ and work with consultant psychiatrists, psychologists, speech and language therapists and occupational therapists, offering proven outpatient treatments to help manage all mental health conditions.

At the Priory Aspris Wellbeing Centre Abu Dhabi we offer:

- **The same level of quality care that Priory has been providing in the UK for over 140 years**
- **Fast access to expert treatment**
- **Complete discretion and confidentiality**
- **Flexible consulting hours to fit around your work and commitments**
- **Clinical standards to match those offered in the UK**

We have close links with the UK's Priory Hospital network, ensuring seamless access should you wish to continue your treatment in the UK.



Accessible pricing

We offer a range of accessibly-priced treatment and therapy options.

You can pay for therapy directly, or if you have private medical insurance it is likely you will be able to access our services through your policy.



Information for healthcare professionals

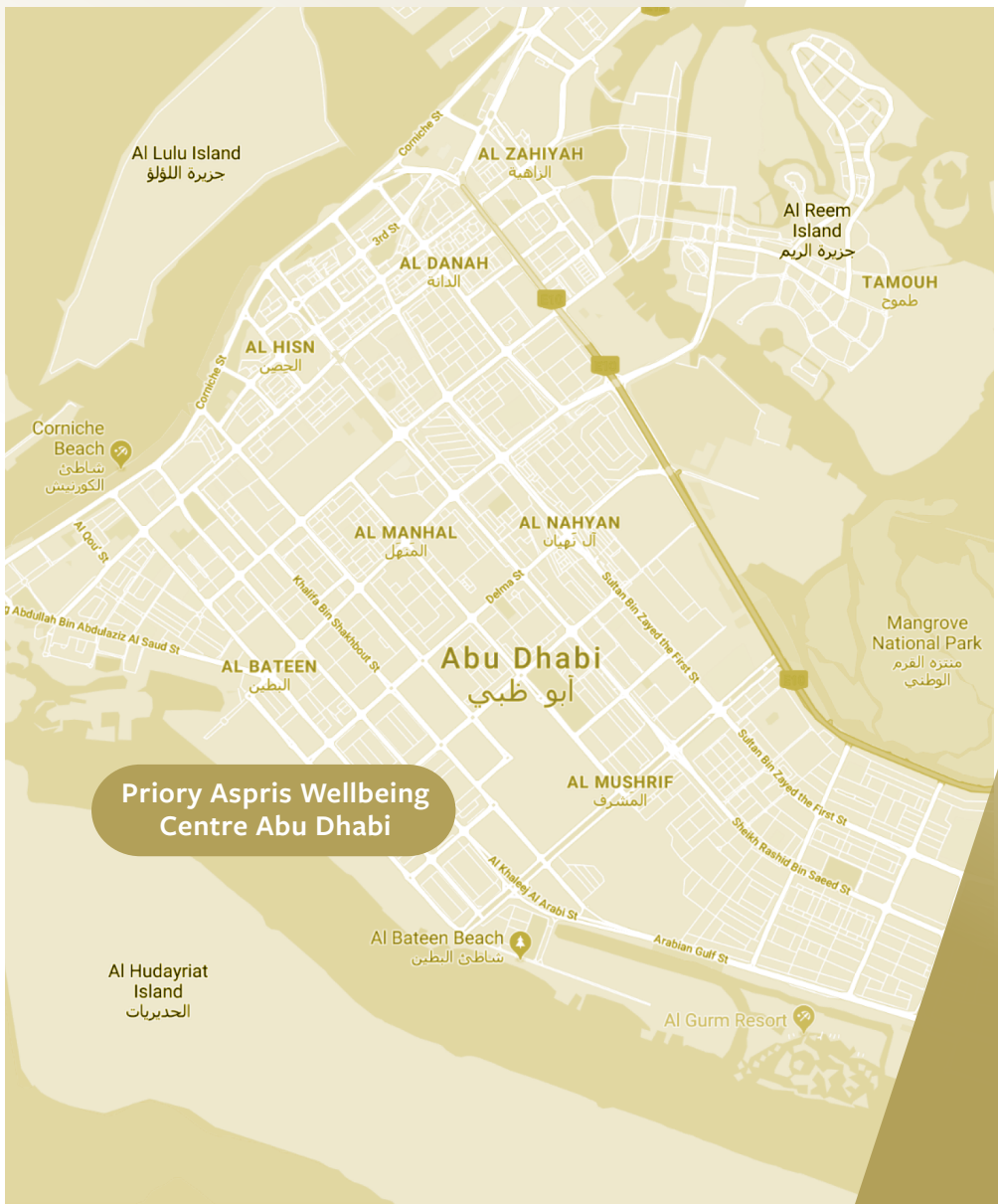
Priory Aspris has a simple process for clinicians who would like to refer a patient, and an enquiry team to support you with any queries you may have.

You can also contact the healthcare professional support on:

(+971) 2 651 8111

abudhabienquiries@aspris.ae





**Priory Aspris Wellbeing
Centre Abu Dhabi**

How to find us

Priory Aspris Wellbeing Centre Abu Dhabi, King Abdullah Bin Abdulaziz
Al Saudi Street, Al Bateen, Abu Dhabi, UAE

Get in touch

For more information or to discuss how we can help, please contact us by:

Telephone: (+971) 2 651 8111

Email: abudhabienquiries@aspris.ae

Web: www.priorygroup.ae

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